

## TAPE LIFT SAMPLING INSTRUCTIONS

Tape lifts are collected by taking a clean piece of Scotch Brand Transparent Tape in the red package and using it to test. The Scotch tape in the green package WILL NOT WORK and will be rejected by the lab.

1. Strip away about 3 inches of tape and discard it to eliminate any contaminants that may have collected on the exposed end.
2. Fold a tab on the end of the tape, about half an inch so you can grasp a non-sticky area of tape.
3. Pull off about a 2-inch strip and press the center of the tape to the surface you want to test. **DO NOT send a strip longer than 2 inches as it will not fit on the slide for analysis. ONE 2-inch strip of tape = ONE tape lift. Strips longer than 3 inches or multiple strips of tape will be treated (and billed as) as additional samples.**
4. Peel the tape back off the suspect moldy section. The mold on the surface will stick to the tape sufficiently for an identification.
5. Adhere the tape to the outside of a zip lock bag. If your zip lock bag has a white label, do not adhere the tape to the area with the label as when the tape is removed, the white material will adhere to the tape and render it unable to be analyzed. Label the bag with the address and the specific location in the building where the tape sample was collected.
6. Put all the labeled ziplock bags with the tape into a second clean ziplock bag.
7. Send the samples to our office along with a Chain of Custody form. The sample analysis will tell us the type(s) of mold that are present.



**Please mail samples, along with a Chain of Custody form, to the office:**

RestCon Environmental  
3035 Prospect Park Drive, Suite 180  
Rancho Cordova, CA 95670

**If you have any questions, please call the office at 916-736-1100.**



CHAIN OF CUSTODY & ANALYSIS REQUEST

Project ID: \_\_\_\_\_

Site Address: \_\_\_\_\_

Invoice/Bill to:  RestCon Client: \_\_\_\_\_

Other: \_\_\_\_\_

Date Sampled: \_\_\_\_\_
Time Sampled: \_\_\_\_\_
Sampled By: \_\_\_\_\_

Table with columns: SAMPLE #, SAMPLE TYPE, AREA, For Air Sampling Only (FLOW RATE, TIME, AIR VOL), SAMPLE LOCATION, ANALYSIS REQUEST. Contains 12 empty rows for data entry.

Submitted by (print): \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_

Received by (print): \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_

RUSH \_\_\_\_\_ Rush turn-around time available when applicable. Additional rates apply; see Rate Sheet for details

Analysis Options: Swiffer, Dust: Culturable or PCR
Tape, Bulk, or Air: DM (Direct Microscopy)
Swab: Culturable, Mycometer, DM (Direct Microscopy), or Presence/Absence E.Coli

(Lab use only) Total # Samples: \_\_\_\_\_ Processed by: \_\_\_\_\_ Date Processed: \_\_\_\_\_
Total # Samples: \_\_\_\_\_ Processed by: \_\_\_\_\_ Date Processed: \_\_\_\_\_